



## **Example - Lunch Menu 2022 - Low Season**

### **Fish and Chips**

With Tartar sauce, peas and lemon

### **Scampi and Chips**

With Tartar sauce, peas and lemon

### **Ham, Egg and Chips(gf)**

### **Steak Roll**

Ribeye with caramelised onion, rocket and a green pepper butter

**Add Small Side of Chips**

**Add Small Side Salad**

### **Egg and Chips(gf,v)**

### **Cornish Crab Roll**

Dressed crab in a soft roll with a side salad

### **Omelette**

Smoked Haddock and ornish Gouda omelette with a salad garnish

### **Rarebit**

A cheddar, mustard, Tabasco and Worcestershire sauce rarebit on Bloomer bread with tomato and topped with bacon

### **Turks Head Ploughmans(gfo)**

Cheese, ham, a slice of sausage roll, pickled onion, apple, dressed salad with bread and chutney

### **Cheese Ploughmans(gfo,v)**

A trio of cheese, pickled onion, apple, dressed salad with bread and chutney

### **Soup of the Day(v)**

With bread and butter

*Key*

*SA = Small Adult*

*v = vegetarian*

*gf = gluten free*

*gfo = gluten free option*

*vg = vegan*

*vgo = vegan option*



## Light Bites

### **Toasted Panini**

Served with a salad garnish, fillings are:-

- Bacon, Mozzarella and Tomato
- Hummus with roasted Mediterranean Veg(vg)

**Add Small Side of Chips + £2.40**

**Add Small Side Salad + £2.40**

### **Smoked Mackerel Pate**

With crostini and homemade pickles

### **Whitebait**

With a small salad, lemon and tartar

### **Mediterranean Olives**

Green and Kalamata Olives coated in citrus juices and herbs.

### **Crudites with Hummus**

Mixed fresh veg crudites with a Hummus dip

### **Salt & Pepper Crispy Squid**

Squid rings in a light coating of cornflour, salt and pepper served on a salad garnish with an asian dipping sauce.

## Desserts

### **The Turks Sticky Toffee Pudding**

A rich sticky toffee pudding with butterscotch sauce served with a scoop of clotted cream or a scoop of Troytown vanilla ice cream

**Add extra cream or vanilla ice cream**

### **Homemade Brownie**

A slightly warm, delicious, gooey chocolate brownie served with Troytown vanilla ice cream

### **Local Troytown Farm Vanilla Ice Cream**

(Per Scoop)

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