



Example - Lunch Menu 2022 - Low Season

Fish and Chips

With Tartar sauce, peas and lemon

Scampi and Chips

With Tartar sauce, peas and lemon

Ham, Egg and Chips(gf)

Steak Roll

Ribeye with caramelised onion, rocket and a green pepper butter

Add Small Side of Chips

Add Small Side Salad

Egg and Chips(gf,v)

Cornish Crab Roll

Dressed crab in a soft roll with a side salad

Omelette

Smoked Haddock and ornish Gouda omelette with a salad garnish

Rarebit

A cheddar, mustard, Tabasco and Worcestershire sauce rarebit on Bloomer bread with tomato and topped with bacon

Turks Head Ploughmans(gfo)

Cheese, ham, a slice of sausage roll, pickled onion, apple, dressed salad with bread and chutney

Cheese Ploughmans(gfo,v)

A trio of cheese, pickled onion, apple, dressed salad with bread and chutney

Soup of the Day(v)

With bread and butter

Key

SA = Small Adult

v = vegetarian

gf = gluten free

gfo = gluten free option

vg = vegan

vgo = vegan option



Light Bites

Toasted Panini

Served with a salad garnish, fillings are:-

- Bacon, Mozzarella and Tomato
- Hummus with roasted Mediterranean Veg(vg)

Add Small Side of Chips + £2.40

Add Small Side Salad + £2.40

Smoked Mackerel Pate

With crostini and homemade pickles

Whitebait

With a small salad, lemon and tartar

Mediterranean Olives

Green and Kalamata Olives coated in citrus juices and herbs.

Crudites with Hummus

Mixed fresh veg crudites with a Hummus dip

Salt & Pepper Crispy Squid

Squid rings in a light coating of cornflour, salt and pepper served on a salad garnish with an asian dipping sauce.

Desserts

The Turks Sticky Toffee Pudding

A rich sticky toffee pudding with butterscotch sauce served with a scoop of clotted cream or a scoop of Troytown vanilla ice cream

Add extra cream or vanilla ice cream

Homemade Brownie

A slightly warm, delicious, gooey chocolate brownie served with Troytown vanilla ice cream

Local Troytown Farm Vanilla Ice Cream

(Per Scoop)

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